



# I am more than my disability

## #AdjustYourThinking

### Myth 1

## Disability will never be taken seriously in my work

**FACT:** This is not true. UNISON can help you. Organisational culture and attitudes are shaped from the top. Through UNISON you can influence employers,

affect policy and change attitudes, making sure disabled voices are heard at work. That involves challenging and influencing deep-rooted attitudes.

We know you have different experiences, and experience different levels of ill-health or disability. Through UNISON you can be seen, be listened to, and be supported in work.

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