

# I am more than my disability

#BeReasonable

## Myth 4

### Disabled people are more likely to be off work sick

**FACT:** This is not true. There is no evidence that tells us that disabled people are more likely to miss work. Being off work because of

a disability is not the same as time off for 'being sick'. Discounting disability-related absence from sickness absence triggers and making separate

provision for disability leave are forms of 'reasonable adjustments' that your employer can make to prevent discriminating against you.

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